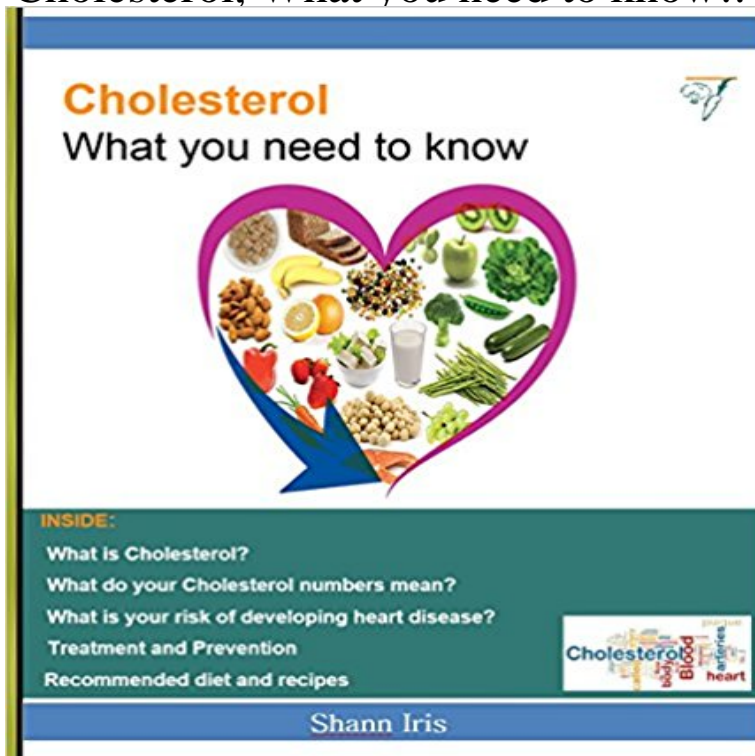


## Cholesterol, What you need to know!: What is Cholesterol?



Know more about CHOLESTEROL What is Cholesterol? What do your Cholesterol numbers mean? Cholesterol is an essential component that is needed in construction and maintenance of membranes. It primarily modulates membrane fluidity in relation to the varying physiological temperatures. The hydroxyl group on cholesterol intermingles with the polar head groups of the membrane phospholipids as well as sphingolipids, whilst the massive steroids as well as the hydrocarbon string are implanted in the membrane, in conjunction with the nonpolar fatty-acid chain of the other lipids. The interaction with phospholipid fatty-acid chains tends to increase the cholesterol which impacts the membrane packing, reducing its fluidity. The composition of the tetracyclic ring of cholesterol plays a pivotal role in the fluidity of the cell membrane.

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