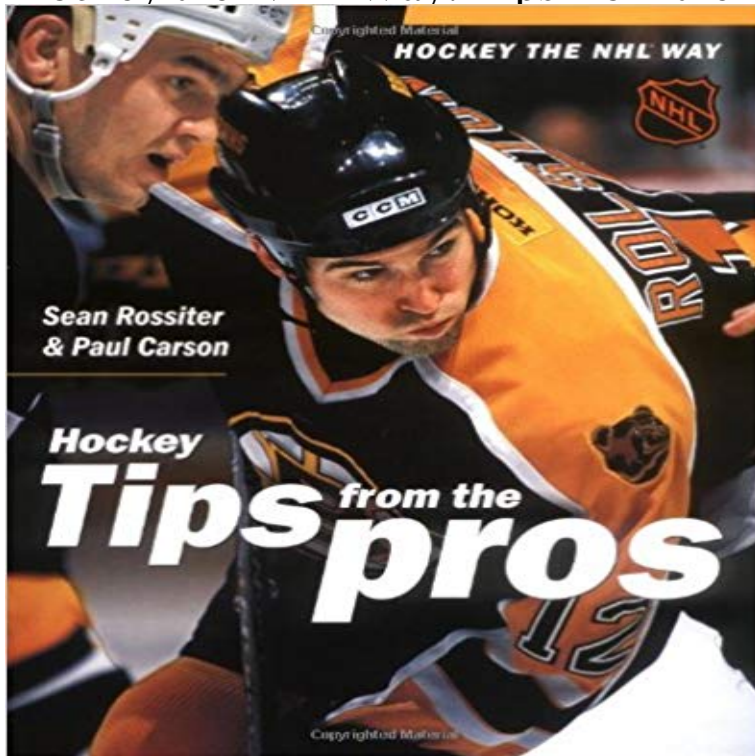


Hockey the NHL Way: Tips from the Pros



Hey kids--if you could choose a hockey coach, you'd choose one of the NHL greats, wouldn't you? Guess what: now the hottest heroes on the ice are coming to your rink, in a fully illustrated official NHL volume chock-full of their inside tips. What does Dominik Hasek think about going into a big game? How does Saku Koivu shake off checkers? What does Ray Bourque do to stay in shape? You'll get the answers to those questions and many others, all accompanied with full-color photos of the players in action. Broken down into themed sections, this book's words of wisdom come from legendary coaches Scott Bowman and Pat Quinn, while players like Jaromir Jagr, Paul Kariya, Teemu Selanne, and the fabulous Mark Messier provide the inside track on topics such as scoring goals, being consistent, staying focused, and leading by example. There's no better, more inspiring one-stop reference for budding superstars.

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