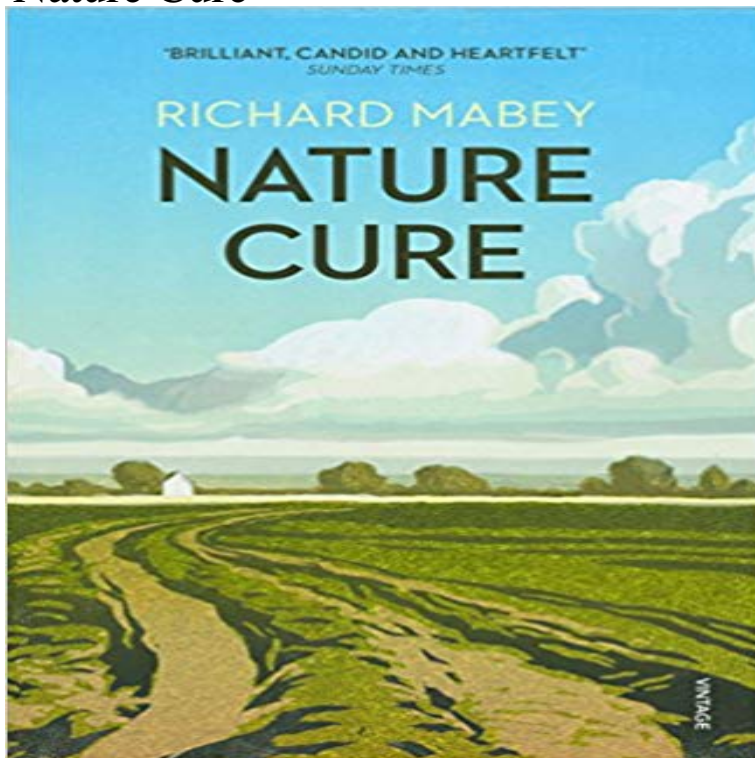


Nature Cure



In the last year of the old millennium, Richard Mabey, Britains foremost nature writer, fell into a severe depression. The natural world which since childhood had been a source of joy and inspiration for him became meaningless. Then, cared for by friends, he moved to East Anglia and he started to write again. Having left the cossetting woods of the Chiltern hills for the open flatlands of Norfolk, Richard Mabey found exhilaration in discovering a whole new landscape and gained fresh insights into our place in nature. Structured as intricately as a novel, a joy to read, truthful, exquisite and questing, Nature Cure is a book of hope, not just for individuals, but for our species.

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